



IN CONJUNCTION WITH THE NATIONAL ANTI DRUGS DAY

LOVE YOURSELF, AVOID DRUGS

19 February 2016M/ 10 Jamadilawwal 1437H

الْحَمْدُ لِلَّهِ الَّذِي عَلَّمَ وَأَنْعَمَ، وَهَدَانَا بِالْقُرْآنِ لِلَّتِي هِيَ أَقْوَمُ،

قَالَ تَعَالَى: أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

وَأَنْفِقُوا فِي سَبِيلِ اللَّهِ وَلَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكَةِ وَأَحْسِنُوا إِنَّ اللَّهَ يُحِبُّ الْمُحْسِنِينَ ﴿١٩٥﴾

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَأَشْهَدُ أَنَّ

مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ الْبَشِيرُ وَالنَّذِيرُ. اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَعَلَى آلِهِ

وَأَصْحَابِهِ أَجْمَعِينَ.

أَمَّا بَعْدُ، فَيَا عِبَادَ اللَّهِ اتَّقُوا اللَّهَ حَقَّ تَقَاتِهِ وَلَا تَمُوتُوا إِلَّا وَأَنْتُمْ مُسْلِمُونَ.

Fellow Muslims blessed by Allah,

Let us together increase our faith and conviction to Allah SWT, by performing all that He commands and avoiding all that He forbids. May we have a peaceful and happy life, in this world and in the Hereafter.

On this blessed day, let us together listen and reflect upon the contents of today's sermon, entitled "**Love Yourself, Avoid Drugs**".

Fellow Muslims blessed by Allah,

The menace of drug trafficking and drug abuse must be taken seriously because it is a universal issue, be it at the national or global level. The Government declared drug abuse as the number one enemy since 1983. Now, even after 32 years, this menace cannot be totally suppressed, and in fact has gotten more serious. Based on the



statistics recorded by the National Anti-Drugs Agency (NADA), beginning from the year 2010 until 2014, the overall average for new drug addicts is sixty eight thousand, three hundred and eight (68,308) cases and thirty two thousand six hundred and thirty (32,630) cases of hardcore addicts or drug abusers. This brings the total number of addicts to 100,938 cases.

Drug addiction is a global problem which is now seen as a threat to the well-being of individuals, families, communities and countries. Drug addiction is a disease of the social-bio-psycho level, which can cause a person involved in it to have problems with physical and psychological dependence on drugs. In addition, the threat of drug addiction and trafficking would invite various anti-social behaviours, crimes against laws of the country, anti-religion and make such individuals irresponsible.

Fellow Muslims blessed by Allah,

“Drugs” is a term that refers to a substance that causes harm to the health and well-being of a person's physical, mental, emotional and behavioural aspects when its use is abused. As a result of this effect, a person who is a drug abuser will become addicted and will continue to depend on it.

The effects of drug abuse vary according to the type of drugs consumed. It includes non-synthetic drugs such as heroin, morphine, opium and marijuana, which can cause users to feel unreal and experience withdrawal syndrome. Taking such drugs through needles can cause infections and transmit blood-borne diseases such as AIDS and Hepatitis B. In addition, the addict will also experience mental disorder and may affect otherwise normal daily activities, such as learning, working, relations with family and society. Synthetic drugs, such as cocaine, ecstasy and amphetamine pills are stimulant drugs. The use of such drugs will result in more serious consequences, such as mental disorders, loss of self-control, aggressiveness and violent behaviour as a result of impaired emotions.

**Fellow Muslims blessed by Allah,**

Islam recognises the effects of drugs which destroy the stability of the society and the *Ummah*. Starting with the negative effects of drug addiction on a person, it will spread to the family institution, community and nation. If not addressed soon enough, the problem will lead to the destruction of the nation. Drug addicts are also turning away from religion because when the mind and the body are controlled by drugs, they will begin to avoid their responsibilities and become slaves to drugs.

This is what has been stated by Allah SWT in Surah al-Baqarah verse 195, as recited at the beginning of this sermon.

Which means: *“And spend of your substance in the cause of Allah and make not your own hands contribute to your destruction but do good; for Allah loves those who do good.”*

Because Islam commends its followers who promote a tranquil life, the religion decrees that every individual should not be involved in activities that would destroy one’s self. The Fatwa Committee, of the Malaysian National Council for Islamic Religious Affairs at its 76th Conference had issued an edict banning, and deeming any activity and, any kind of drug abuse, as illegal, because it may harm and damage one’s self.

Therefore, to ensure that Malaysia is free from drug abuse, we must be united to work together, regardless of ideology, religion and race. Apart from the authorities, we also have to play this role as a united volunteer team, as mentioned by the Prophet SAW, through the narration of Imam al-Bukhari *rahimahullah* and recorded by Abu Musa Al-Ash'ari R.HU:

المؤمن للمؤمن كالبنيان

Which means: *“Believers are to each other like a building (which strengthens each part with the other).”*

**Fellow Muslims blessed by Allah,**

As the Vicegerents of Allah SWT on earth, we all have the responsibility to jointly curb the problem of drug abuse by any means necessary. Remember, each of our actions shall be questioned in the hereafter. Looking at the drug abuse problem faced by youths of the nation today, we should not sit idly and be at ease with it, as they are the future and the hope of our nation. Some of the measures that should be taken to overcome the menace of drug trafficking and abuse are listed below:

First: Inculcate religious education and awareness in the society

Islam is a religion that teaches and educates us to return to our natural self. Therefore, let us strive hard to return to the basics. Returning one's self to a life based on the true teachings of Islam is the best mechanism to solve the issue. Religious education is very important in life today, as it will act as guidance for the life of every human being. Good religious education shall act as a strong self-defence mechanism within us. Be rest assured that a person who maintains his relationship with, and fulfils the rights of, the Creator, shall always be shielded and protected from any act prohibited by our religion.

Second: Impose severe penalties against traffickers and addicts

As the saying goes: *"There's no smoke without fire"*. This clearly states that for everything that happens, there must be a source or a cause. Therefore, to ensure rampant drug abuse does not continue to spread, drug dealers should be fought against and destroyed to the very core by all parties.

Third: Establish cooperation between the public and non-governmental organisations (NGOs)

This is intended to ensure they always work together to combat the issue of drug abuse which is getting more widespread, especially among youths. For example, the public and the government should act in reporting suspicious activities. In addition, the amazing technology of the existing *RakanCop* application should be maximized



to facilitate rapid relay of information to the authorities. Furthermore, community leaders must also play their role to encourage local residents to be active in the Neighbourhood Watch (*Kesatuan Rukun Tetangga or KRT*) to ensure that people within the local community are not involved in drug abuse.

Fourth: Stop the attitude of ridiculing and belittling former addicts

This is the negative attitude of some Muslims towards addicts and former addicts. The habit of ridiculing, having feelings of contempt and apathy are our usual choices for this group. Be aware that such treatment shall not benefit anyone. To those who feel they are far better than the former addicts, you must realise such attitude is contrary to the teachings of Islam, which requires us to love our fellow Muslims, like loving our own selves.

Fellow Muslims blessed by Allah,

To conclude today's sermon, here are some the key lessons that can be drawn and pondered upon:

First: Drug abuse is PROHIBITED (*HARAM*) in Islam. All parties need to work together and be united in fighting the drug trade in our country.

Second: Drug addiction will cause one to forget one's self and ignore responsibilities as Muslims.

Third: Strong religious upbringing is the best mechanism to shield one's self from getting involved with drug abuse.

Finally, let us reflect and ponder upon what Allah SWT has stated in Surah At-Tahrim, verse 6:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ



يَتَأْتِيهَا الَّذِينَ ءَامَنُوا قُوا أَنفُسَكُمْ وَأَهْلِيكُمْ نَارًا وَقُودُهَا النَّاسُ وَالْحِجَارَةُ عَلَيْهَا مَلَائِكَةٌ غِلَاظٌ شِدَادٌ لَا يَعْصُونَ اللَّهَ مَا أَمَرَهُمْ وَيَفْعَلُونَ مَا يُؤْمَرُونَ ﴿٦﴾

Which means: “O, you who believe! Save yourselves and your families from a Fire whose fuel is Men and Stones (Idols) over which are (appointed) angels stern (and) severe who flinch not (from executing) the Commands they receive from Allah SWT but do (precisely) what they are commanded”.

بَارَكَ اللَّهُ لِي وَلَكُمْ بِالْقُرْآنِ الْعَظِيمِ، وَنَفَعَنِي وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ،
وَتَقَبَّلَ مِنِّي وَمِنْكُمْ تِلَاوَتَهُ، إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ قَوْلَ هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِي
وَلَكُمْ، وَلِسَائِرِ الْمُسْلِمِينَ وَالْمُسْلِمَاتِ، وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ.
فَاسْتَغْفِرُوهُ فَيَا فَوْزَ الْمُسْتَغْفِرِينَ وَيَا نَجَاةَ التَّائِبِينَ.



خطبة كدوا

الْحَمْدُ لِلَّهِ وَبِإِصْحَابِهِ، وَالْعَاقِبَةُ لِلْمُتَّقِينَ، وَلَا عُدْوَانَ إِلَّا عَلَى الظَّالِمِينَ، وَالصَّلَاةُ
وَالسَّلَامُ عَلَى إِمَامِ الْمُرْسَلِينَ، وَقُدُورَةِ النَّاسِ أَجْمَعِينَ، وَعَلَى آلِهِ وَأَصْحَابِهِ وَمَنْ تَبِعَهُمْ
بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ.

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، الْمَلِكُ الْحَقُّ الْمُبِينُ، وَأَشْهَدُ أَنَّ سَيِّدَنَا
مُحَمَّدًا عَبْدَهُ وَرَسُولَهُ، صَادِقُ الْوَعْدِ الْأَمِينِ.

أَمَّا بَعْدُ، فَيَا عِبَادَ اللَّهِ، اتَّقُوا اللَّهَ وَكُونُوا مَعَ الصَّادِقِينَ، وَحَافِظُوا عَلَى الطَّاعَةِ
وَحُضُورِ الْجُمُعَةِ مَعَ الْمُصَلِّينَ. وَاعْلَمُوا أَنَّ اللَّهَ سُبْحَانَهُ وَتَعَالَى أَمْرُهُ بِأَمْرٍ بَدَأَ فِيهِ
بِنَفْسِهِ وَتَنَزَّلَ بِمَلَائِكَتِهِ الْمُقَرَّبِينَ. فَقَالَ اللَّهُ تَعَالَى مُخْبِرًا وَأَمْرًا بِالْمُؤْمِنِينَ:

إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا



اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَى سَيِّدِنَا إِبْرَاهِيمَ
وَعَلَى آلِ سَيِّدِنَا إِبْرَاهِيمَ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ كَمَا بَارَكْتَ
عَلَى سَيِّدِنَا إِبْرَاهِيمَ وَعَلَى آلِ سَيِّدِنَا إِبْرَاهِيمَ فِي الْعَالَمِينَ إِنَّكَ حَمِيدٌ مُجِيدٌ.



وَارْضَ اللَّهُمَّ عَنِ الْأَرْبَعَةِ الْخُلَفَاءِ الرَّاشِدِينَ سَادَاتِنَا أَبِي بَكْرٍ وَعُمَرَ وَعُثْمَانَ وَعَلِيًّا،
وَعَنْ أَزْوَاجِ نَبِيِّنَا الْمُطَهَّرَاتِ وَعَنْ أَهْلِ بَيْتِهِ وَقَرَابَتِهِ وَسَائِرِ الصَّحَابَةِ وَالتَّابِعِينَ وَمَنْ
تَبِعَهُمْ بِإِحْسَانٍ إِلَى يَوْمِ الدِّينِ. وَارْضَ عَنَّا بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ.

اللَّهُمَّ اغْفِرْ لِلْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ.
اللَّهُمَّ أَنْزِلِ الرَّحْمَةَ عَلَى السَّلَاطِينِ الْكِرَامِ وَوَلَاةِ الْمُسْلِمِينَ الْعِظَامِ الَّذِينَ قَضَوْا بِالْحَقِّ
وَبِهِ كَانُوا يَعْدِلُونَ، وَخُصُوصًا عَلَى سِرِي قُدُوكِ بِكَيْنِدَا بِيغِ دَفْرَتَوَانِ الْكُوغِ الْمُعْتَصِمِ
بِاللَّهِ مُحَمَّدِ بْنِ عَبْدِ اللَّهِ تَوَانِكُو الْحَاجِّ عَبْدِ الْحَلِيمِ مُعَظَّمِ شَاهِ ابْنِ الْمَرْحُومِ سُلْطَانِ بَدَلِي
شَاهِ، وَعَلَى سِرِي قُدُوكِ بِكَيْنِدَا رَاجِ قُرْمَايسُورِي الْكُوغِ تَوَانِكُو حَاجِهِ حَمِينِهِ.

اللَّهُمَّ أَطْلِعْ عُمُرَهُمَا مُصْلِحِينَ لِلْمُؤَظَّفِينَ وَالرَّعِيَّةِ وَالْبِلَادِ، وَبَلِّغْ مَقَاصِدَهُمَا لِطَرِيقِ
الْهُدَى وَالرَّشَادِ. اللَّهُمَّ اجْعَلْ مَالِيزِيَا وَسَائِرِ بِلَادِ الْمُسْلِمِينَ طَيْبَةً آمِنَةً مُطْمَئِنَّةً
رَخِيَّةً، يَا رَوْفُ بِالْعِبَادِ.

اللَّهُمَّ انصُرْ مَنْ نَصَرَ الدِّينَ، وَاخْذُلْ مَنْ خَذَلَ الْمُسْلِمِينَ، وَأَعْلِ كَلِمَتَكَ إِلَى يَوْمِ
الدِّينِ، وَدَمِّرْ أَعْدَاءَكَ أَعْدَاءَ الدِّينِ.

O, Allah, You are the Most Gracious and the Most Merciful, we are thankful for all the favours and blessings that You have bestowed upon us, grant to us and to our leaders guidance and direction, strengthen the unity among us, join our hearts to act in Your way, facilitate all our affairs, enrich us with beneficial knowledge, invigorate



our souls with good morals, lead us to the path which You approve of, strengthen our faith when faced with all forms of trials and tests from You, preserve the peace, security and tranquillity of our nation Malaysia, especially the area of our Federal Territories. Protect us from any form of upheaval, turmoil and chaos.

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ.
رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ.
عِبَادَ اللَّهِ،

إِنَّ اللَّهَ يَأْمُرُ بِالْعَدْلِ وَالْإِحْسَانِ وَإِيتَايَ ذِي الْقُرْبَىٰ وَيَنْهَىٰ عَنِ الْفَحْشَاءِ
وَالْمُنْكَرِ وَالْبَغْيِ يَعِظُكُمْ لَعَلَّكُمْ تَذَكَّرُونَ ﴿١٠﴾
فَاذْكُرُوا اللَّهَ الْعَظِيمَ يَذْكُرْكُمْ، وَاشْكُرُوا عَلَىٰ نِعْمِهِ يَزِدْكُمْ، وَاسْأَلُوهُ مِنْ فَضْلِهِ
يُعْطِكُمْ وَلَذِكْرُ اللَّهِ أَكْبَرُ، وَاللَّهُ يَعْلَمُ مَا تَصْنَعُونَ.